



Easter Seals Volunteer Guide

February 1, 2018

Please see the below volunteer opportunities. Please note that all volunteers for Easter Seals programs must participate in a general orientation and have a clear RNC/RCMP certificate of conduct and vulnerable sector check before actively volunteering. Please take note of the individual program dates and times.

Please remember to bring indoor footwear for programs.

Volunteers are needed for the following Programs:

ACTIVITY	DATES	LOCATION	RESPONSIBILITIES	TIME	CONTACT INFO
Winter Family Carnival	February 17, 2018	Husky Energy Easter Seals House, 206 Mt. Scio Road	A day of family fun, games, crafts, camp fire and sleigh ride. Need assistance with set up and clean up, delivery of activities.	February 17, 2018 9-5 Anytime within the day	Please send your availability to: Megan Fitzgerald megan@eastersealsnl.ca
Valentine's Day Dance	February 9, 2018	Husky Energy Easter Seals House, 206 Mt. Scio Road	Come enjoy a great evening with our youth ages 13+. Assist with set up, clean up and enjoy the evening Dance Runs 7:30-10:30	February 9, 2018 6:30pm - 11:00pm	Megan Fitzgerald megan@eastersealsnl.ca
Let's Get Active	January 13 - May 2018	Husky Energy Easter Seals House, 206 Mt. Scio Road	Assist with set up, program delivery, engaging youth in fundamental movement skills, and clean up. No LGA on February 17, 2018.	Saturday's 9:00-12:00pm	Megan Fitzgerald megan@eastersealsnl.ca

Creative Expressions Music Program	January 15, 2018- March 9, 2018	Husky Energy Easter Seals House, 206 Mt. Scio Road	Assist our music instructor Gillian Sheppard in delivery of group music sessions	Teen - Monday 3:15-4:15 Adult-Wednesday 11-12 & 12-1 Youth - Fridays 5 - 6	Megan Fitzgerald megan@eastersealsnl.ca
Swimming	January 15 - March 19, 2018	Ches Penny YMCA, Ridge Road	Work one on one with participant on their swimming goals. Swim session are 30 minute long, you do not need to commit to all 4 time slots, Volunteer need is based on registration.	4:20 5:00 5:40 6:20	Please send your availability to: Megan Fitzgerald megan@eastersealsnl.ca
Climbing Wall	January 12 - March 9, 2018	Husky Energy Easter Seals House, 206 Mt. Scio Road	Belay, help set up and tear down climbing equipment No Climbing on February 9, 2018 All training is provided.	Friday's 5:45 - 8:00 pm	Megan Fitzgerald megan@eastersealsnl.ca
Sledge Hockey	Resumes January 13 - March 31	Paradise Double Ice Complex - Rink A	Assist players in development of skills, Assist pushing some newer participants, and helping delivery of drills No Sledge on February 17th	Saturday's 1:00-3:00	Megan Fitzgerald megan@eastersealsnl.ca
Boccia	Resumes January 11 - May, 2018	Husky Energy Easter Seals House, 206 Mt. Scio Road	Assist with set up, program delivery and clean up All training is provided	Thursday's 6:30 - 9:00pm	Megan Fitzgerald megan@eastersealsnl.ca